

## OA SAN DIEGO INTERGROUP MEETING MINUTES—DECEMBER 3, 2022

### CALL TO ORDER 2 PM

**Keren S opened with the Serenity Prayer**

#### **Roll Call:**

**Board Members:** Keren S, Vice Chair, covering for Kathy H (excused), Chair; Jeff N, Internal Info; Ellen L, Webmaster; Rachel K, YP Chair; Elyesse U, 12<sup>th</sup> Step Within; Alice C, Literature; Lou B, Retreat Chair; Barbara Ru covering for Gina E, Secretary (excused); Maureen C, Treasurer (excused).

Jeri A, WSBC delegate; Jessica, WSBC delegate.

#### **IG Reps:**

Barbara S, Sunday AM; Corrine W, S&T Study Thurs 11AM; Dona, Sat 7 AM Carlsbad; Elmer, BB Sun 5:30 PM; Lessie, Mon Noon; Jack, Step Study 10:30 AM; Sharon, Fri 10 AM, Vista; Deborah, Thurs. 4 PM; Ella, Sun 6:15 PM; Kathy 100 Pounder, Sat 6:30 PM; Hope, Escondido Tues 9 AM; Richard Tues Night Snackers; Steph M, Sat, 7AM; Kris B, LGBTQ meeting 6 PM Sunday; Jack D; Saturday 10:30; Silvia R Fri 7 PM; Marilyn BB Wed 4 PM; Jennifer 11<sup>th</sup> Step Mon 4 PM.

**Visitors:** Pam V; Gina E; Linda Rose; Dave B.

- Agenda Review—majority of IG meeting will be about the closure of the Oasis, Auction, and Service Position changes.
- Move to accept the November minutes as submitted made by Barbara S., Jeri 2<sup>nd</sup>. Motion passed.
- Members of Board excused—Kathy H, Gina E, Maureen C.
- Concept 12—Jeff N shared on this. The Concepts are part of our Spiritual Foundation along with 12 Steps and 12 Traditions.

### BOARD REPORTS

#### Ellen, Webmaster:

- Zoom bombers were frequent during Thanksgiving break. There are several Zoom training/security classes offered—look at the [oasandiego.org](http://oasandiego.org). Contact Ellen at [webmaster@oasandiego.org](mailto:webmaster@oasandiego.org). Blue Sky timer training class also available. Private training also available—contact Ellen, webmaster.
- We have a 3<sup>rd</sup> zoom now---3 meetings can go on at a time; can also allow space for smaller or temporary meetings with sponsors/sponsees, business meetings, etc.

- Our podcast is being launched in January. Consider recording speakers (with permission) to be able to share experience, strength and hope. Click on “Record” button on Zoom; hit record at the end to end recording; automatically saved to the cloud—audio only and no video. Consider recording 10-20 minute shares, (not the 2-3 minute shares).

Update on Rent Stipend—offered to meetings leaving the OAsis or other new meetings starting up—Is now up and running. 3 months of rent available to these new meetings. Look at the website at [oasandiego.org](http://oasandiego.org) or contact [chair@oasandiego.org](mailto:chair@oasandiego.org) for more information.

Lou B, Retreat Liaison—In-person Retreat, Apr 28, 29 and 30, 2023. Link to register is available on website. Mission San Luis Rey in Oceanside.

Elyesse--12<sup>th</sup> Step Within—Relapse and Recovery Workshop on Zoom; Jan 29<sup>th</sup> from 1:00-3:00.

## OASIS CLOSURE

- Maureen C and Robin have set up a PO BOX—Overeaters Anonymous PO BOX 22213; San Diego, CA 92192-2213. Forwarding will be available from old address.
- Phone line will change, but we will continue to have a phone number, but no physical phone. Phone number will change in January and the number will be well distributed.
- Meeting boxes for pick up - Jeff N’s report: Some meetings which have items in the OAsis, some are marked with certain meetings, and some things are not marked, but hopefully will be claimed. Email has been sent out requesting those to claim and/or pick up the items or release items for disposal or auction. Items should be claimed or addressed by your meeting’s group conscience by December 9, 2022. Lessie would accept any donation of tokens for the Retreat Committee.

**Do not take any items from the OAsis that do not belong to your meeting.**

Broadcast emails—if you think you missed email, check your SPAM. If it isn’t there, contact Ellen at [webmaster@oasandiego.org](mailto:webmaster@oasandiego.org).

## OASIS AUCTION

Reason we are doing the auction—people may want memorabilia, functional items, items to support the individual meetings. Kudos to Rachel K, Jeff N and Ellen L. Rachel has done an

extensive inventory of everything in the office. Jeff N has stepped in and helped; also, Ellen has helped with all OAsis closure things and the Auction.

Retreat Committee—Lou, Lessie and committee may want some items for retreats—books, coins, 7<sup>th</sup> Traditions baskets, the large and smaller spinning wheels. However these things will need to be stored by individual members. Lou will discuss with Retreat Committee.

Two parts of the OAsis Auction: **Auction Preview** (for in-person meetings and the Retreat Committee where the items are given away for meetings or the Retreat Committee), and **the Auction**, where items are bid on and sold for personal use or use for other groups.

**Auction Preview:** If you are a part of an in-person meeting, and are interested in some of the items, contact Ellen and you can get a preview of the items. These items will be free, first come/first serve if they are to be used for meeting use and/or retreat use. Contact Ellen at [webmaster@oasandiego.org](mailto:webmaster@oasandiego.org) for password for the preview of items.

Some things that need shredding will be done if individual meetings don't claim them.

## ROTATION OF SERVICE

Typically, board elections are in December. We aren't prepared to have elections in December with illnesses and time spent cleaning up on By-laws and figuring out even year and odd year elections, re-election 2022 or 2023. Elections will be in January, 2023; consider running for a board position!

Below are the positions and term dates:

Position	Name	Term #	Term Starts	Term Ends
Chair	Kathy H	2	1/2021	12/2023
Vice-Chair	Keren S	1	1/2020	12/2022
Secretary	Gina E	1	1/2021	12/2023
Treasurer	Maureen C	1	1/2020	12/2022
Public Info / Professional Outreach	VACANT	1	1/2021	12/2023
Twelve Step Within	Elyesse U	1	1/2021	12/2023
Retreats	Lou B	1	1/2021	12/2023
Internal Information	Jeff N	1	1/2020	12/2022
Webmaster	Ellen L	1	1/2020	12/2022

**Meeting closed at 3:00 PM with the Serenity Prayer.**

**Next meeting: Saturday, January 7, 2023 @ 2:00 PM.**

Respectfully submitted,

Barbara Ru.  
(substitute for Gina E.)