

## OA SAN DIEGO INTERGROUP MEETING MINUTES – March 5, 2022

### Highlights to Read at Meetings

- Joan K. is the new ReachOut Editor. She plans to publish the March ReachOut next week. Please send articles to Joan K. at [reachout@oasandiego.org](mailto:reachout@oasandiego.org).
- The proposed Bylaws amendments were accepted. Please contact Kathy H. at [chair@oasandiego.org](mailto:chair@oasandiego.org) if you wish to serve on the Committee to write the Policies and Procedures manual.
- The Oasis is available for in-person and/or hybrid meetings. To start a new in-person or hybrid meeting, please send an email to Internal Information Chair Lisa H. at [info@oasandiego.org](mailto:info@oasandiego.org).
- New Zoom training class “Everything You Wanted to Know About Screen-sharing” on March 8 and more classes coming soon. See [oasandiego.org/zoom](https://oasandiego.org/zoom).
- The Blue Sky Timer is available for your use. Look on [oasandiego.org/bluesky](https://oasandiego.org/bluesky) for more information.
- There is a new “subscribe” option on [oasandiego.org/subscribe](https://oasandiego.org/subscribe), and an “Update Profile” link on all our e-mailings, to allow people to manage what mailing lists they're on.
- The 2022 Retreat at San Luis Rey Mission is on April 22-24. It will be in person only. Complete information and instructions are found at [oasandiego.org](https://oasandiego.org)
- Corrine has a key to the literature closet at the Oasis, and she will offer literature for sale at the Monday noon in-person meeting. Also, OA literature can be ordered from the bookstore at [bookstore.oa.org](https://bookstore.oa.org) and from Amazon.

Next Intergroup Meeting: Saturday, April 2, 2022, at 2 pm PT

### Full Minutes

Kathy H opened the meeting at 2:00 pm with the Serenity Prayer.

Kathy briefly discussed the Second Concept of Service.

Board Members (and their positions) present were: Kathy H. (Chair); Keren S. (Vice-Chair); Gina E. (Secretary); Maureen C. (Treasurer); Ellen L. (Webmaster); Beverly (Literature); Lou B. (Retreat Liaison); AJ (Public Information).

Intergroup Reps (and meetings they represent) – Dona D. (Carlsbad 7 pm); Christina I. (Sun. 6:15 pm Encinitas Journaling & Step Study); Ayawnda (Mon. 9 am For Today); Jennifer G. (Mon. 4 pm 11<sup>th</sup> Step Writing); Jennifer M. (Mon. 7 pm Speaker); Tues. 6:30 am For Today; Clare B. (Tues. 7 pm Night Snackers); Pam E. (Wed. 5 pm Big Book); Thurs. 11 am Steps/Traditions;

Thurs. noon Speaker & Sharing; Deborah (Thurs. 4 pm Chula Vista Literature OA 12&12); Sharon M. (Fri. 10 am Vista Participation); Alice C. (Friday noon Big Book); Jeff N. (Fri. 7 pm Abstinence); Estelle M. (Sat. 7 am Sharing/Meditation); Kathy M. (Sat. 6:30 pm Overcomers); Susie H. (Sat. Maintainers); Barbara S. (Sunday 9 am Women's); Sally C. (Sat. 9:30 am); Jill K. (Thurs. 6 pm); Sat. 9:30 am Encinitas; Dave B.

Also present were: R2 Reps Jerry J. and Keren S.; WSO Delegate Jeri A.; and Visitors Beth FJ, Charles, Pam V., Kathleen, and Dacil.

### Chair's Report

- Kathy introduced new ReachOut Editor Joan K. Send articles to Joan K. at [Reachout@oasandiego.org](mailto:Reachout@oasandiego.org).
- The Oasis is available for in-person and/or hybrid meetings. To start a new in-person or hybrid meeting, email to Lisa H. at [Info@oasandiego.org](mailto:Info@oasandiego.org).

### Treasurer's Report

- For the month of February 2022, total monthly donations were \$1,788.10. Total expenses for the same period were \$2,949.05; net revenue was (negative) \$1,160.90. In light of the shortfall, members are asked to increase (only if possible) donations to the 7<sup>th</sup> Tradition, which can be made online at <https://oasandiego.org> or by sending checks directly to the Oasis (Overeaters Anonymous, 8825 Aero Drive, suite 310, San Diego, CA 92123).

### Webmaster's Report

- The Blue Sky Timer is available for your use. Look on <https://oasandiego.org> for more information, and get the password from Ellen L., [webmaster@oasandiego.org](mailto:webmaster@oasandiego.org)
- New Zoom training "Everything You Wanted to Know About Screen-sharing" in March; more to come.
- New screen-sharing policy was enacted by WSO – now we can screen-share copyrighted material
- The Sunday Bariatric weight loss meeting left our Intergroup and has joined the "100-Pounder" Intergroup, but we will still carry this meeting on our directory for a little while. Altogether, we are down 5 meetings, including 2 meetings that closed and 2 that moved to "Footsteps," but we have added 2 in-person meetings (one at the Oasis and one in Chula Vista).
- Website changes: There is a new "subscribe" option on <https://oasandiego.org>, and an "Update Profile" link on our e-mailings, to allow people to manage what mailing lists they're on.

## Retreat Update

- The 2022 Serenity Retreat at San Luis Rey Mission is on April 22-24. It will be in-person only. Different attendance options are available, e.g., commuter attendance for \$65., Saturday only, etc. Registration and complete information and instructions are found at <https://oasandiego.org>. The retreat speakers will be Barbara R., Jeri A. and Trish C.

## Literature Report

- Corrine has a key to the literature closet at the OAsis, and she will offer literature for sale at the Monday noon in-person meeting. Also, OA literature can be ordered from the bookstore at OA.org and from Amazon

## New Business

- **Bylaws Amendments:** The proposed Bylaws amendments, having been presented to IG Reps in accordance with the amendment procedures set forth in our Bylaws, three “Pro” arguments were presented by Susie H., Pam V. and Beth FJ. There were no “Con” arguments. A motion to accept the proposed Bylaws Amendments was made and seconded, and following a vote by those present, it was determined that more than two-thirds of those voting accepted the proposed amendments, and the motion passed. After the Bylaws Amendments were approved, Ayawnda and Alice C. volunteered to serve on the Committee to write the Policies and Procedures manual.
- **Region 2 Survey:** Keren presented the R2 survey to identify the issues that affect our Intergroup, which should be presented for discussion at the R2 Assembly later this March. Among the issues identified were: (1) diversity and inclusion in our meetings, e.g., young people, gender and age, people of color, etc.; (2) attracting newcomers and retaining members; (3) keeping specific religious references out of meetings; (4) not enough people volunteering to do service, lack of rotation of service, not enough people sponsoring others (even if you're not a “sponsor,” you can be a “buddy”); (5) addressing relapse in the Fellowship; (6) how to go back to in-person meetings; To facilitate discussion, Keren conducted a break-out session in which IG reps and Board members met in groups of 6 to share ideas, and then returned to the main meeting room to vote on the topics raised.

The meeting was adjourned with the Serenity Prayer at 3:05 pm.

The next Intergroup Meeting will be on Saturday, April 2, 2022 at 2 pm on Zoom.

Minutes submitted by Gina E., Secretary