

## OA SAN DIEGO INTERGROUP MEETING MINUTES – FEBRUARY 5, 2022

### Highlights to Read at Meetings

- We are still looking for a ReachOut Editor. Until we have a new Editor, the ReachOut will be on hiatus. The Editor position involves gathering material for the ReachOut and editing such material, but the Editor does NOT need advanced technical skills.
- After the close of the Feb. 5th Intergroup meeting, there was a special meeting of the Bylaws Committee at which, going forward, a few minor changes were made to the Bylaws amendments, which are highlighted in the attached file. Please discuss these changes with your meetings so you will be prepared to vote on the motion to approve the amendments at the next Intergroup meeting.
- Beverly R. will no longer be restocking literature at the Oasis. However, she is selling off all that is there, and will continue to sell literature from the closet. Contact her to meet at the Oasis, including curbside pickup. Other OA literature can be ordered from the bookstore at OA.org and from Amazon.
- Lisa H. was elected Internal Information Chair
- Host keys are changing on March 1 for meetings using one of the 2 Intergroup Zoom rooms. Any changes in host information should be emailed to [Webmaster@oasandiego.org](mailto:Webmaster@oasandiego.org) before March 1.
- Zoom Host Training is continuing with 4 classes currently offered. Check the schedule on <https://oasandiego.org/training>.
- The 2022 Budget has been approved
- The 2022 Retreat at San Luis Rey Mission is on April 22-24. It will be in-person only. Complete information and instructions are found at <https://oasandiego.org>
- Next Intergroup Meeting: Saturday, March 5, 2022, at 2 pm PT

### FULL MINUTES

Kathy opened the meeting at 2:00 pm with the Serenity Prayer.

#### Roll Call by Gina E.

Board Members (and their positions) present were: Kathy H. (Chair); Keren S. (Vice-Chair); Gina E. (Secretary); Maureen C. (Treasurer); Ellen L. (Webmaster); Beverly (Literature); Lou B. (Retreat Liaison); Rachel K. (Young People's Chair); AJ (Public Information).

Intergroup Reps (and meetings they represent) – Kris B. (Sunday 6 pm LGBTQ+ and Friends); Christina I. (Sun. 6:15 pm Encinitas Journaling & Step Study); Ayawnda (Mon. 9 am For Today); Jennifer G. (Mon. 4 pm 11<sup>th</sup> Step Writing); Jennifer M. (Mon. 7 pm Speaker); Susie JH (Tues. 6:30 am For Today); Vicki A. (Tues. 9 am Escondido Literature); Clare B. (Tues. 7 pm Night Snackers); Pam E. (Wed. 5 pm Big Book); Naomi (Thurs. 11 am Steps/Traditions); Robin (Thurs. noon Speaker & Sharing); Deborah (Thurs. 4 pm Chula Vista Literature OA 12&12); Lisa H. (Thurs. 6 pm Anorexia & Bulimia); Sharon M. (Fri. 10 am Vista Participation); Alice C. (Friday noon Big Book); Jeff N. (Fri. 7 pm Abstinence); Estelle M. (Sat. 7 am Sharing/Meditation); Kathy M. (Sat. 6:30 pm Overcomers).

Also present were: R2 Reps Jerry J. and Keren S.; WSO Delegate Jeri A.; and Visitors Mark from Hartford CT, Lisa H. and Kathleen from San Diego.

### Chair's Report:

Kathy reminded the Intergroup Reps that we have a new phone number (858-836-1770) for our 24-hour OA Hotline, posted on our website, staffed by volunteers.

- We are still looking for a ReachOut Editor. Until we find a new ReachOut Editor, the ReachOut will be on hiatus. The Editor position involves gathering material for the ReachOut and editing such material, but the Editor does NOT need advanced technical skills.
- We'd like to create two lists: speakers and sponsors, that we can distribute if requested. Please email Kathy H. at [chair@oasandiego.org](mailto:chair@oasandiego.org).

Please tell your groups that sponsors should tell their sponsees that Service is a tool to stay abstinent.

### Treasurer's Report:

Total monthly donations for January 2022 were \$3,175.78. Total expenses for the same period were \$3,812.08; net revenue was (negative) \$636.30, which is approximately what was budgeted for in the 2022 Budget. In light of the shortfall, members are asked to increase (only if possible) donations to the 7<sup>th</sup> Tradition, which can be made online at <https://oasandiego.org> or by sending checks directly to the OAsis (Overeaters Anonymous, 8825 Aero Drive, suite 310, San Diego, CA 92123).

### Webmaster's Report:

Ellen reported that there is new web content – keep it coming – to [Webmaster@oasandiego.org](mailto:Webmaster@oasandiego.org).

- Host keys are changing on March 1 for meetings using one of the 2 Intergroup Zoom rooms. Please check the meeting schedule on <https://oasandiego.org> to make sure we have the correct information for the Meeting Contact person. Any changes should be emailed to [Webmaster@oasandiego.org](mailto:Webmaster@oasandiego.org) before March 1.
- The Blue Sky Timer is available for your use. Look on <https://oasandiego.org> for more information, and get the password from Ellen L., [webmaster@oasandiego.org](mailto:webmaster@oasandiego.org)
- The new Zoom Training schedule is as follows:
  - Hosting Q&A and Practice – Drop-In Sessions. The link is on our website. No registration is needed. Come anytime during these hours:
    - Sunday, Feb. 6, 1-3 pm (PT)
    - Monday, Feb. 7, 9-11 am (PT)
    - Tuesday, Feb. 8, 7-9 pm (PT)
  - Zoom Basic Host Training (same class, repeated 3 times). Registration required.
    - Monday, Feb. 21, 8 am (PT)
    - Thursday, Feb. 24, 7 pm (PT)
    - Saturday, Feb. 26, 2 pm (PT)
  - Registration coming soon for these:
    - Zoom Hosting Basics – For new hosts, registration required
      - Sunday, June 26, 12-1 pm
      - Tuesday, June 28, 7-8 pm

- Saturday, July 9, 4-5 pm
- Zoom Security – For new and experienced hosts, registration required
  - Tuesday, June 27, 5-6 pm
  - Wednesday, June 29, 10-11 am
  - Wednesday, July 7, 12-1 pm
- Zoom Hosting Tips & Tricks for experienced hosts or those who've taken Basic Hosting, registration required.
  - Friday, July 1, 9-10 am
  - Wednesday, July 6, 8-9 am
  - Sunday, July 10, 1-2 pm
- Drop-In Tech Support sessions for Q&A and practice, no registration required
  - Thursday, June 30, 2-4 pm
  - Tuesday, July 5, 7-9 pm
  - Friday, July 8, 9-11 am

#### Public Information Chair (Professional Outreach)

AJ introduced herself. Her present focus is on school districts; she plans to expand to medical professionals. Please contact her with any educational or hospital & Institutions prospects at [Public\\_info@oasandiego.org](mailto:Public_info@oasandiego.org)

#### Retreat Update:

Lou B. reported that the 2022 Retreat at San Luis Rey Mission is on April 22-24. It will be in-person only. Proof of vaccination is required; masking and social distancing will be required for all indoor activities. Registration is available on "Eventbrite." and complete information and instructions are found at <https://oasandiego.org>. The retreat speakers will be Barbara R., Jeri A. and Trish C. Topics include resentments, sexuality, spirituality, and body image.

#### Young People's Chair

Rachel K. reported that there is a YP retreat at the end of February. It is sponsored by the YP Region, not our Intergroup, but there is a link to the retreat information on our website <https://oasandiego.org>.

#### Literature Report:

Beverly R. reported that she will no longer be restocking literature at the Oasis. However, she is selling off all that is there; last month she sold \$140 of literature, and she will continue to sell literature from the closet. Contact her to meet at the Oasis, including curbside pickup. Other OA literature can be ordered from the bookstore at OA.org and from Amazon.

## OLD BUSINESS:

(1) Bylaws Amendments: The proposed Bylaws amendments (which are found at <https://oasandiego.org/wp-content/uploads/2022/01/Bylaws-Amendment-2022.pdf>), having been presented to IG Reps in accordance with the amendment procedures set forth in our Bylaws Art. XV(A)(1) and (2) – Jeri A. presented one “Pro” argument. No additional “Pro” arguments, and no “Con” arguments were presented. Jeri moved and Lisa H seconded a motion to go forward with the Amendment procedures in accordance with Bylaws Art. XV(A)(3), (4) and (5). With 25 pro votes and one abstention, it was determined that more than 30% of present members were interested in going forward with the proposed amendments. A vote to accept or defeat the proposed amendments will be taken at the March Intergroup meeting following today's vote in favor of pursuing the motion . A vote of two-thirds of those voting will be required for passage of the motion to accept the proposed amendments.

(2) Maureen conducted the vote to approve the proposed 2022 Budget. There being no further questions or discussion, Maureen moved, and Lou B. seconded, a motion to approve the Budget. The motion carried with 22 aye votes, one abstention, and zero no votes.

## NEW BUSINESS:

With no additional candidates presenting themselves, Lisa H. stated her qualifications and why she wants the position, On motion by Keren, seconded by Kathy, Lisa H. was elected Internal Information Chair by a vote of 26 ayes, zero nos, and one abstention.

The meeting was adjourned with the Serenity Prayer at 3 pm.

The next Intergroup Meeting will be on Saturday, March 5, 2022 at 2 pm on Zoom.

Minutes submitted by Gina E., Secretary